



# BIENNIAL REPORT 2020-2022

**Chinese Anti-Cancer Association Australia Inc**

Email: [admin@caca-australia.org.au](mailto:admin@caca-australia.org.au)

Website: [www.caca-australia.org.au](http://www.caca-australia.org.au)



# OUR ORGNIZATION

The Chinses Anti-Cancer Association Australia Inc (CACA Australia) is a newly established non-profit organization with a formal registration at New South Wales Fair Trading in 2018. It aims to build a platform on addressing the complexities of cancer prevention, diagnosis, and treatment and to promote awareness amongst the community.

## Our Vision

To devoted to reducing the incidence and mortality rates of cancer, and to ultimately achieve a cancer-free future in our community.

*“To devoted to reducing the incidence and mortality rates of cancer, and to ultimately achieve a cancer-free future in our community”*

## Our Mission

To reduce cancer burden among Chinese community and raise their knowledge and awareness of cancer risk and prevention, and to provide support for patients with Chinese background to navigate the cancer care system and to get the best possible care.

## Our Objectives

1. Providing educational information to support cancer patients, their families and the community (particularly among Australians with a Chinese heritage) to ultimately improve and enhance their quality of life.
2. Fund-raising to support and invest in primary prevention of cancer through identifying preventable risk factors as well as secondary prevention through early detection and targeted cancer treatments.
3. Organizing scientific workshop and forums with a focus on presenting newly discovered research and optimal clinical practices from experienced professionals.

**Our Values:** Innovation; Collaboration; Respect; Learning

# MESSAGE FROM PRESIDENT

Dear Friends,

As the President of Chinese Anti-Cancer Association Australia (CACA Australia), I warmly welcome you joining this unique association.

I speculate that there are several reasons why you have decided or are going to join our association. You see that CACA Australia is a non-profit organization that welcomes all who want to volunteer their time and effort to support cancer research and education. Its objectives are 3-fold: first, to facilitate collaborations among Australian Chinese professionals in the field of cancer research, treatment and prevention; second, to promote the flow of knowledge between related professionals and collaborators in Australia and China; and thirdly, to provide practical, rigorous information to assist cancer patients, their families, and the large Chinese community here in Australia.

My friends, on behalf of the executive committee, I welcome you to be part of our organization. We are looking forward to your participation at all levels. We need volunteers to help with the maintenance of our website and WeChat where information can be more efficiently disseminated, we need donations to support Scholar Award program and many other initiatives, we need ideas how to do more and better with limited resources and manpower, and we need your time and energy to make our association stronger. Please contact us to share your ideas. Together, we can make CACA Australia one of the strongest bridges to connect the cancer research and treatment between Australia and China. Thank you very much for being one of us.

Welcome you to CACA Australia!



**Dr Xue Qin Yu**

**President of CACA Australia**

# EXECUTIVE SUMMARY

2020/22 was a special period. COVID-19 has challenged everyone and everywhere. In the past two years, our work has focused on online academic activities and public education seminars and events and achieved gratifying results. Meanwhile, we have kept building and improving the organizational structure,



To achieve our objectives, we developed the Doctor's Column to deliver the accurate and quality information to the Chinese community in Australia. We are looking forward to the new partnership project with Local Health Districts (LHD) and aim to extend our outreach service to those regions as well.

Moving forward, we hope to improve the activities in creating collaborations with professionals and communities. We understand that the long-term sustainability and efficiency of these projects relies upon the pillars of frequent communication and effective cooperation among all of our valued members.

# PUBLIC SUPPORT SERVICES

## 1. Public Education Sessions

The public education sessions were mainly focused on cancer prevention and control awareness, GP's role in cancer screening.

Simultaneous interpretation was available for both Chinese and English-speaking participants. The education sessions were recorded and published in CACA Australia WeChat. With the consent of the guest speakers, the recorded information sessions were uploaded onto the website of CACA Australia.

- **Session One: •Cancer and Nutrition - The relationship between Chinese eating habits and cancer; held online in November 7, 2020, a total attendance over 500 participants.**
- **Session Two: TCM Philosophy and Cancer Treatment and Rehabilitation.** held online in November 7, 2020, with a total attendance of over 500 participants.
- **Session Three: Colorectal Cancer Prevention and Control,** held online on May 6, 2021, a total attendance of over 1000 participants.
- **Session Four: Breast Cancer Screening and Treatment,** held in City of Sydney on October 24, 2021, a total online audience over 20,000.
- **Session Five: Understanding liver cancer and treatment,** held online on April 30, 2022, a total online audience over 20,000.



**癌症与营养**

**饮食习惯与癌症的关系**

**Dr. Le Jian**

澳中抗癌协会公益讲座 2020.11.7

国际乳腺癌关注月特别活动  
中国—澳大利亚乳腺防治科普讲座

Breastscreen in Australia  
How to perform self breast examination

澳大利亚的乳腺癌筛查  
如何进行乳房自检

Paul (Ping-en) Chen  
Oncoplastic Breast and Endocrine Surgeon  
BHB, MBChB, FRACS, MSc(Breast)

www.surgicalcentre.com.au

Oncoplastic Surgical CENTRE

- **Session Six:** *Understanding what's difference of early diagnosis and screening of gastrointestinal cancer between Australia and China*, held online on April 30, 2022, a total online audience over 20,000.
- **Session Seven:** *Understanding Thyroid cancer*, held online on April 30, 2022, a total online audience over 20,000. (Collaboration with China Anti-Cancer Association)
- **Session Eight,** *Lung cancer prevention, treatment and clinical trials in Australia*, held online on October 9, 2022, a total online audience over 40,000.
- **Session Nine:** *Why do Asian ladies get lung cancer without smoking?* held online on October 9, 2022, a total online audience of over 40,000.
- **Session Ten:** *Targeted therapy for lung cancer*. held online on October 9, 2022, a total online audience of over 40,000. (Collaboration with China Anti-Cancer Association)



## 2. Telephone and Online Support

Emotional and information support was provided over the phone, email, and online chat to 186 clients. A total of 55 phone/email and online chat were made to provide more intensive emotional support and information support.

For examples:

- Are there any new treatment/drugs is for her2 positive of breast cancer?  
Where can I get it?
- Is chronic obstructive pulmonary disease a risk factor of lung cancer?
- Can I join free bowel cancer screening as I am 50-year-old with Australian permanent resident?
- How can I find the current information about clinical trials for advanced lung cancer in Australia?
- What are the early symptoms of lung cancer? How to achieve an early diagnosis?
- Are any risks of e-cigarettes for lung cancer?
- Do any way relieve the bone inhibition caused by chemotherapy?

### 3. Social Media and Doctor's Column

A total of 88 articles through social media channel and Website were published during the year. Those articles provide the latest cancer news, cancer educational information, health promotion; and also provides a platform for sharing the personal experiences of patients and carers. A total of 784 subscribers are on the distribution list. We have created a Doctor's Column to answer public concerned questions, which becomes very popular. The most popular articles have over 5000 readers.

*JTO Editor's Choice Article*

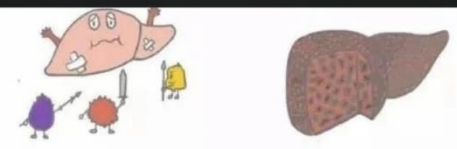
Evaluating Prognostic Factors for Sex Differences in Lung Cancer Survival: Findings From a Large Australian Cohort



Authors:  
Yu, et al.

**肿瘤咨询专栏：解读肺癌患者的性别与预后的差异**

今天我们邀请了澳中抗癌协会于学勤会长，为大家解读关于肺癌患者性别和预后的差别



肝癌                      肝硬化

**科普常识：看图读懂体检报告和相关疾病**

看懂体检报告对你了解自己的身体状况很重要。体检报告中的检测指标和医学术语都代表了什么？与哪些疾病相关呢？下面

**林震医生**



- 毕业于上海复旦大学医学院
- 国内多年泌尿外科临床经验
- 新南威尔士大学医学博士
- 澳洲全科家庭医生

**林医生专栏（三）：新冠阳性了怎么办？**

随着澳大利亚新冠感染人数的飙升，大家现在最关心的问题是一旦被检测出阳性结果应该如何应对？本期林医生将为大家解都。



郑向前教授  
甲状腺外科主任

田艳涛教授  
胰胃外科主任

Dr Guang Chen  
胃肠专科医生

Dr Lingjun Mou  
主任医生（肝外）

Dr Xueqin Yu  
高级研究员（流行病）

# SPECIAL PROGRAMS

The special professional program is a major activity in CACA Australia and continues to be supported as an important service to the members.

## 1. GP Special Training Program: Colorectal Cancer Screening and Control - jointly hosted by Australia Chinese Doctor Society

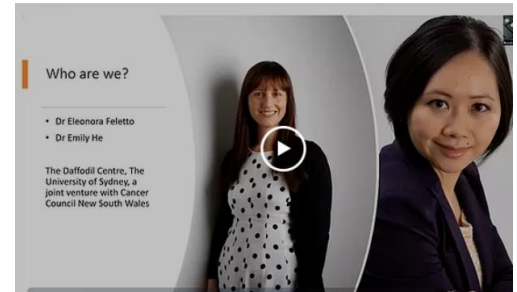
On April 22, 2021, successfully held online training program for GP with 35 attendances.

## 2. Sino-Australia Symposium on Cancer Care - jointly hosted by CACA and Icon group.

On November 25, 2020, the 1<sup>st</sup> Sino-Australia Symposium on Cancer Care was successfully held at the Guangzhou Convention Center in China and was live broadcasting with over 35,000 online audience. The symposium brings together experts from China and Australia to discuss and share the latest progress on cancer care both in China and Australia. The 8 professional speakers have presented their research and achievement about cancer prevention, treatment and clinical trials etc.

On November 20, 2022, the 2<sup>nd</sup> Sino-Australia Symposium on Cancer Care was successfully held at Hangzhou Convention Center in China and was live broadcasting with over 50000 online audience.

The symposium brings together experts from China and Australia to discuss and share the latest progress on cancer care both in China and Australia. Session I features on current Progress of Cancer Precision Prevention and Control. Speakers will present clinical practice and research findings on various topics including precision prevention of gastric cancer, lung cancer mortality factors, prognostic factors and multidisciplinary treatment modalities for colorectal cancer. Session II features on current progress of cancer integrating treatment. Speakers will exchange the latest research on pan-cancer associated long non-coding RNA, microbiome, post-treatment surveillance strategy for low case. The theme of Session III is applied innovation training cancer care professionals.)





# FUNDRAISING EVENTS

From 2021, our organization has settled October as **Cancer Awareness & Education Month**. We have started to organize free public education seminars and physical excises complied with fundraising. Do it for cancer!

1. **Walking for Breast Healthy** - the first fundraising event has been held in Chinese Communities in October 2021. There were 42 participants and raised over 3000 dollars to promote breast cancer awareness.



2. **Care Your Lung Walk Along** - a fundraising event has been held in October 2022. There are 36 participants and raised over 2700 dollars to support lung cancer education.



# VOLUNTEER MANAGEMENT

A total of 30 volunteers have been recruited during the period. They were assigned to different roles based on their interests and skills assessment.

To commend volunteers' dedication and contribution to CACA Australia, the President Dr Yu hosted a luncheon for all volunteers at Chinese Restaurant in September

The annual outstanding volunteers have been selected, and the President presented certificates of appreciation to them who had dedicated their time towards conducting our support events.



# ADMINISTRATION & EVENTS

1. Organization Structure - adjusted board members and changed public relation to public education.



2. CACA Australia Website and Facebook Page were well maintained and continually improved throughout the year.

3. Members Exercise & Yoga: Two members' outings were conducted with a total of 33 participants.



#### 4. Christmas Party



#### 5. "Cloud Singing" with the theme of "Tomorrow will be better."

"We treasure the same love in our hearts  
No matter if we know each other.  
No matter if you're here or faraway.  
Let us pray with sincerity.  
To wish you tomorrow better" ....



# FINANCE

Despite the ongoing operational and financial challenges of COVID-19, CACA Australia maintained a strong financial position while delivering a range of initiatives to develop, equip and support our activities.

The Executive Committee will devote to source funding from external bodies for grants to maintain CACA Australia.'s current services and any future developments.

**01 Jul 2021 to 30 Jun 2022**

Year Jul 2021 to Jun 2022 expense

Category	Cost	
Admin Expense	\$	-
Function cateen	\$	160.00
postage	\$	-
Telephone & internet	\$	159.62
<b>Grant Total</b>	<b>\$</b>	<b>319.62</b>

Year Jul 2021 to Jun 2022 Income

Category	Receive	
Member Fee	\$	29.00
General donations	\$	569.18
Events donations	\$	2,945.23
Bank Interest		
Miscellaneous	\$	-
<b>Total</b>	<b>\$</b>	<b>3,543.41</b>

Profit before tax at 30 Jun 2022

	\$	3,223.79
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**Oct 2022 events donation (addation)**

	\$	2,174.13
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## Statement of Financial Position

As of 30 Nov 2022

	6/30/2022	7/1/2021	Movement
Assets	\$	\$	
Cash and cash equivalents	\$ 5,628.47	\$2,404.68	\$ 3,223.79
<b>Total Assets</b>	<b>\$ 5,628.47</b>	<b>\$2,404.68</b>	
<b>Net Assets</b>			
Earning			
Earning - current year	\$ 3,223.79	\$ 2,404.68	
<b>Total net assets</b>	<b>\$ 3,223.79</b>	<b>\$ 2,404.68</b>	

1/07/2021 STATEMENT OPENING BALANCE \$2404.68

# EXECUTIVE COMMITTEE

Executive Committee of CACA Australia held a total of 20 Executive Committee Meetings from June 2020- July 2022.

Position	Name	Number of Executive Meetings Attended	Note
President	Xue Qin Yu	20	
Vice President	Nicole Li	19	
Treasurer	Wendy Chen	19	
Secretary	Yaping Liu	20	
Director of Academic Department	Le Jian	18	
Director of Public Education	Zhen Lin	10	joined EXCO 24/02/2021
Director of Strategy Development	Li Deng	18	



Dr Xue Qin Yu  
President